

1941 March Dance

BASIC MOVES OF THE DANCE

Flag Swish

Flag swish to the right 1 - 2
Flag swish to the left 3 - 4
Flag swish to the right 5 - 6
Flag swish to the left 7 - 8

Pivot Turn

Count 1 Left foot to back, step out with Right foot flag above head both hand on flag
Count 2 Turn
Facing opposite direction
Count 3 Step R. foot
Count 4 Turn right, facing original direction
Count 5 Raise flag higher above head
Count 6, 7, 8 Squat down

Traveling Move

Count 1 Slide to left
Count 2 Step
Count 3 Slide to right
Count 4 Step
Count 5,6,7,8 March in place
Repeat to right

ROUTINE

Red, Blue and White lines Each group do together
Start on counter 46
Red loop, loop, switch, switch
1,2 to the left 3,4 to the right 5,6 to the right 7,8 to the left

Then Blue the same
Then White the same
Then all do the flag swish

FLAGS IN RIGHT HAND

1,2,3,4,5,6,7,8 Half Moon Arc over head left to right
Then repeat back

SLOW NIKE SWITCH

Flag V to the right
Left hand up and hold other end of flag
Flag over head
Lean to the left, center, right, center
360 march around in place holding flag for all to see
Slow arc up with R. hand
Waves in 4 counts

PULSING TO GET READY FOR CHANGING LANE SECTION

8 counts Red marches to blue line
Blue marches to white line
White marches to blue line

TRAFFIC COP THE FLAGS

8 counts Flags V to R.
Down to leg
Across body to L
Down to leg

MARCH

- 8 counts White to Red
Red to White
Blue to blue
- 8 counts Traffic Cop
March again (omit traffic cop & march home)
- 8 counts White passes Blue spot goes home
Red passes blue spot goes home
Blue turn right and marches home
- 1, 2 Red drop
3,4 Blue drop
5,6 White drop
7,8 Hold

SLOW DIAGONAL CIRCLE

- 1,2,3,4 Red starts as standing
4 Blue stands and turns
8 White stands

Goes on 50, 45, 40, 30.....to 5 yd. Line whole field in swishing circular motion

Last 8 counts features a turn to R. then L. followed by 16 jumping jacks, what was on video (This section was taught differently on March 24 than what is on the video) WHAT WAS TAUGHT: A jump in the air, arms V and legs straddled in air and ending kneeling on ground in a ripple like dominoes falling, Red start then blue then white . Then do jumping jakes a couple of times.

DO BEGINNING AGAIN

3 sets of 8 Flag Swish half moon arches

Then New Step

- 1,2 Step touch left leg touches across right leg R arm with flag lifted and L arm down by leg
3,4 Step touch R leg touches across L leg L arm lifted and R arm with leg down by leg

- 1,2,3,4 Robot for 4
All jump and go down so whole line is on knees Red, then Blue, then White

PIVOT MOVE

- 8 counts Red first
8 counts Blue
8 counts White
8 counts All do Pivot move
1,2,3,4 Step Touch L. leg crosses and touches in front of R. leg
5,6,7,8 Step Touch R leg crosses and touches in front of L. leg

MARCH IN PLACE & TURN

- Red start, turns to Right, back, left front
8 counts Blue turns to Right Back and then front
White turns Right, back to front

TRAVELING

- To left, to right, to left. 4 big cords everyone runs to center
2nd set of 8 counts Wave flags crazy
Run back to spot
Hit R. knee, Arms in V Hold wait for clap, clap, clap